

Free webinar: Nutrition and oral health – it's for lifelong health not just a nice smile



13.00-14.00 (GMT) Wed 2nd Nov 22



Register @ <https://tinyurl.com/4eynu7bn>



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LiveStream@nutrition.org.uk



www.nutrition.org.uk



What's this webinar about?

It's estimated that 3.5 billion people worldwide are affected by oral diseases - the impact on quality of life is significant, and treatment is costly, therefore oral disease is considered a major public health problem. We know that good nutrition is key to protecting oral health. Early intervention is also vital for short- and long-term health, as oral health in childhood can influence the development of non-communicable diseases (NCDs) in later life. Furthermore, as we are experiencing an increasingly ageing population the prevalence of NCDs is expected to rise. In older age impaired dental status is common and may influence food choice and nutrient intake, further increasing the risk of poor oral health and NCDs. Therefore, emerging research has been looking at this interesting area of the bidirectional relationship between oral health and NCDs such as type 2 diabetes and cardiovascular disease.

In this British Nutrition Foundation webinar, we will look at oral health and nutrition across the life-course, particularly in the ageing population, and the bidirectional relationship between oral health and NCDs.

It's a fascinating area!

Programme

Oral health and nutrition across the life course: public health implications for the individual and society

Sarah Coe, Nutrition Scientist, British Nutrition Foundation

The influence of oral health on diet and food choices in the elderly

Prof Gerry McKenna, Clinical Professor / Consultant in Restorative Dentistry, Queens' University Belfast

Bidirectional relationship between oral health and non-communicable diseases: how oral health and systemic health conditions are linked

Zehra Yonel, Clinical Lecturer in Restorative Dentistry, University of Birmingham

Register today to join the webinar live on 2nd November 2022 or to watch it at a later date.